

## Real Change Short and Long-term Program Timeline

The short-term, 3-6-month residential program supports residents plan for and secure childcare, vocational skills, employment, and housing. The 12-18 month, Long-Term residential program (1) connects people to a saving relationship with Jesus Christ, (2) supports physical wellness and life skills, (3) renews healthy relationships with others and one's self, (4) develops vocational skills and employment, and (5) supports residents in planning and obtaining independent living arrangements. Residents participate in courses, programs, and one-on-one and group encounters to flesh out real-life issues, heal, and move from isolation and depression to interdependence and discipleship to accept and assist in spreading the good news of Jesus Christ.

		<b>Pre-Phase (Assessment / Introduction ~4 weeks)</b>	<b>Phase 1 (Step work / discipleship ~16 weeks)</b>	<b>Phase 2 (Practice / Healing ~ 12 weeks.)</b>	<b>Phase 3 (Vocational ~2 months)</b>	<b>Phase 4 (Interdependence ~2 months)</b>	<b>Phase 5 (Transitional ~3 months)</b>
<b>Spiritual wellness (faith, discipleship, relationship with Christ / others)</b>		Assessment Alpha (basics of Christian faith)	Redemption (Gospel) CSR Study (Steps 1-12) Begin to develop support community Celebrate Recovery	Redemption/Grief support Changes that Heal Develop support community Celebrate Recovery	CSR Study Continue to develop support community Celebrate Recovery	Maintain relationships Work towards Commencement goals Celebrate Recovery	Volunteer weekly for TRM (lead small group/mentoring)
<b>Physical wellness</b>		Obtain insurance, doctor Physical exam/TB	Exercise/Fitness Manage appointments	Exercise/Fitness	Exercise/Fitness	Continue wellness plan	Continue wellness plan
<b>Mental wellness and stability</b>		Mental health assessment Referrals if needed	Begin counseling Follow recommendations	Continue counseling	Continue counseling	Counseling as needed	Accountability with Case Management
<b>Life skills</b>		7 Habits of Highly Effective People Touchpoints	Life Skills 7 Habits . . . Parenting (if applicable)	Life skills Parenting Financial Literacy Begin life story	Enrichment Life Skills Finish life story	Work towards vocational goals / begin work	Practice vocational skills Pay bills Determine career path
<b>Educational/ Vocational skills Employment Readiness and sustainable employment</b>	Short term	Apply for childcare Register Work One NE career cent.	Apply for childcare Register Work One NE, Parenting	TRM vocational training, Blue Jacket, LSSI Parenting			
	Long-term	Vocational Assessment Begin work on teams	Literacy Assessment Literacy classes Work teams/work assign.	Literacy classes Computer Classes Work at Treasure House Work teams	Formal vocational training - LSSI, Blue Jacket Volunteerism	Begin employment	Stable employment
<b>Housing (safe, stable shelter)</b>	Short-term	Searches to CM	Searches to CM	List housing options Secure transportation	Finances for housing and transportation		
	Long-term	Application Commitment to program Orientation House Support (2-4 week)	Continued assessments Referrals			Secure savings (3 mo.) Housing plan Transportation plan	Establish housing
<i>Criteria to move to next phase</i>		<i>Commit to program Adhere to work assignments Follow house guidelines  Move to Phase 1</i>	<i>Complete Step 12 Self-awareness/decrease in negative behaviors Humility/honesty Willingness to serve Begin to build support Move to Phase 2</i>	<i>Strong work ethic Focus on responsibility Support system increased Pos. character traits evident  Move to Phase 3 or SSDI</i>	<i>Complete LSSI Punctual Employment Readiness  Move to Phase 4</i>	<i>Steady employment Stable housing Taking care of health Support community Sense of peace  Move to Phase 5</i>	<i>Commencement (optional)</i>

